

METRO ELITE HOCKEY
PO BOX 150
ROCKLAND MA, 02370
METROELITEHOCKEY.COM



Tom MacDonald
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Metro Elite Hockey's objective is to enhance all players' skill, skating and intellect by creating an environment that fosters each player's development. Metro Elite Hockey Spring Summer Hockey includes a Boys/ Girls College, Prep, Jr. High, and Boys/ Girl Cross Ice for Mites, Squirts, a 10 week 1.1 hr. once a week Goalie school, Boys/Girls Over-Speed skills during the week. These programs are structured with a professional staff that promotes learning, competition and fun. Listed on back is an overview of our staff.

PROGRAMS

Boys College League

Cost: 275.00 (10 games)
Day: Monday Nights 7/5-8/23
Times: 7:00, 8:20 PM
Location: The Bog (Kingston)
Format: 2/22 Stop time Periods
YOB: 92 and Older (No Check)

Boys Prep League

Cost: 275.00 (10 games)
Day: Thursday Nights 7/8-8/26
Times: 6:40, 7:55 PM
Location: The Bog (Kingston)
Format: 2/22 Stop time Periods
Level: Varsity, Junior, & Prep
YOB: 95 and Older (No Check)

Girls Prep League

Cost: 275.00 (10 games)
Day: Wednesday Nights 7/7- 8/25
Times: 6:00, 7:20
Location: The Bog (Kingston)
Format: 2/22 Stop time Periods
Level: Varsity, Junior, & Prep
YOB: 95 and Older (No Check)

Girls College Team

Cost: 275.00 (10 games)
Day: Wednesday Nights 7/7- 8/25
Times: 8:40 PM
Location: The Bog (Kingston)
Format: 2/22 Stop time Periods
YOB: 92 and Older (No Check)

JR High League Rockland

Cost: (Team Rate) - (16 games)
Day: Tuesday Nights 5/11 -8/24
Times: 5:40, 6:50, 8:00 PM
Location: Rockland Ice Rink
Format: 2/25 Run time Periods
YOB: 98-96

JR High League The Bog

Cost: (Team Rate) - (14 games)
Day: Friday Nights 5/14 -8/28
Times: 5:10, 6:20, 7:30 PM
Location: The Bog (Kingston)
Format: 2/25 Run time Periods
YOB: 98 and Older

Goalie School

Cost: 350.00 (8 weeks)
Day: Wednesday 7/7-8/25
Times: 4:40 PM
Location: The Bog (Kingston)
Format: 1.1 Hour
YOB: 03 and Older

Boys Over Speed

Cost: 250.00 (8 weeks)
Day: Monday Nights 7/5-8/23
Times: 4:40 PM Mites/ Squirts
5:50 PM Peewee/Bantams
Day: Tuesday Nights 7/6-8/24
7:20 PM Midgets
Location: The Bog (Kingston)
Format: 1 Hour
Level: Elite & AAA
YOB: 03 and Older

Girls Over Speed

Cost: 250.00 (8 weeks)
Day: Tuesday Nights 7/6-8/24
Times: 5:00 PM GU-10's, 12's
6:10 PM GU-14's, 16's, 18's
Location: The Bog (Kingston)
Format: 1 Hour
Level: Elite & AAA
YOB: 03 and Older

Girls Selects Tourney Team

Cost: TBA
Practice: Tuesday Nights 8:30 PM
Coach: Scott Shaunessy
Team: Invitational

Off Ice Training To Be Announced

Cross Ice

Cost: 150.00 (8 weeks)
Day: Thursday Nights 7/8 - 8/26
Times: 4:40 PM Mites
5:50 PM Squirts
Location: Rockland Ice Rink
Format: 60 min. 1min. Buzzer
(No Check) (Co-ed)

Girls The Bog Day Camp

Cost: 275.00
Week: August 2- 6, 9:00 to 4:00
Drop off: 9:00 AM **Pick up:** 4:00 PM
Location: The Bog (Kingston)
Group: 1: GU/10 2: GU/13

Boys The Bog Day Camp

Cost: 275.00
Day: July 26- 30, 9:00 to 4:00
Drop off: 9:00 AM **Pick up:** 4:00 PM
Location: The Bog (Kingston)
Group: 1: BU/10 2: BU/13

Boys Tournament Teams

Invitational

03 TBA
02 Scott Shaunessy
01 Dave O'Donnell
00 Mike Flaherty
99 TBA
98 Dave O'Donnell
97 Adam Warsofsky
Midget Jr. Dave O'Donnell
Midget Sr. Deracck Curtis

*Tournaments will dictate each cost:
Go to our web site for more detail.*

2010 REGISTRATION FORM

Name _____ DOB _____ Player Cell# _____

Address _____ City _____ State _____ Zip _____

Last team _____ Varsity ___ JV ___ Frosh ___ AAA ___ AA ___ A ___ B ___ C ___

Position F D G Shot L R Height _____' _____" Weight _____ Lbs.

Parents Name _____ Phone # (H) _____ (C) _____

Parent e-mail _____ and/or Player e-mail _____

Coaching Staff:

Tom MacDonald- Curry College, Mike Sullivan- NY Rangers Coach, Adam Warsofsky – Curry College, John Haley- Edmonton Oilers, Duane Joyce- Breakers, Chris Donato- Breakers Girls, Todd Jacobson- Notre Dame HS, Kyle Robertson Breakers Junior coach, Bob Huxley – Fontbone HS, Steve Salvucci – IHL/Breakers, Greg Carr – BU club, Casey Reasonover – Wentworth Uni., Dan Connolly – Marshfield HS, Scott Shaunessy – BU, Friend Wilier – Duxbury HS, John Blake – Duxbury HS, Mike Bertoni- Somerville HS, Deracck Curtis - Archbishop Williams HS, Dave Spinale Xaverian HS, other local HS, Junior, College and Pro coaches.

Release of Liability/Acknowledgment of Risk:

Upon entering events sponsored by Tri-Town LLC and Metro Elite Hockey. I/We understand and appreciate that participation or observation of the sport of hockey constitutes a risk to me/us of serious injury, including permanent paralysis or death. I/We voluntarily and knowingly recognize accept and assume this risk and release Tri-Town, LLC and Metro Elite Hockey, its affiliates, their sponsors, event organizers and officials from any liability therefore.

Parents/Guardian Signature (Under age 18) _____ Date _____

Check Below

- | | | |
|---|---|---|
| <input type="checkbox"/> Boys College Leag. \$275.00* | <input type="checkbox"/> Cross Ice Mites (Co-ed) \$150.00 | <input type="checkbox"/> Boys Over-speed \$250.00* |
| <input type="checkbox"/> Boys /Prep League \$275.00* | <input type="checkbox"/> Cross Ice Squirt(Co-ed) \$150.00 | <input type="checkbox"/> Girls Over-speed \$250.00* |
| <input type="checkbox"/> Girls College Team \$275.00* | <input type="checkbox"/> Girls The Bog Day Camp \$275.00 | <input type="checkbox"/> Tournament Team |
| <input type="checkbox"/> Girls /Prep League \$275.00* | <input type="checkbox"/> Boys The Bog Day Camp \$275.00 | <input type="checkbox"/> Goalie School \$350.00 |
| <input type="checkbox"/> JR High League (<i>The Bog</i>) | | Breaker Goalies \$250.00 |
| <input type="checkbox"/> JR High League (<i>Rockland</i>) | | |

*Sign up for both league and over-speed training and take a \$125.00 discount.

- Both League/Over-speed \$400.00

Please make checks payable to: Metro Elite Hockey

Mail applications to Metro Elite PO Box 150 Rockland, MA.02370 or Fax to 781-878-9005

Please Circle one – **VISA / MASTER CARD** Expiration Date _____ / _____ Amount: _____

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